

BONSPIEL DETAILS

Friday, February 17, 2012

KW GRANITE CLUB

99 Seagram Drive
Waterloo, ON N2L 3B6

8:30 AM

Registration Group A
Continental Breakfast & Curling Clinic
for Novice Curlers

9:00 AM

1st Draw, Group A

10:00 AM

Registration Group B
Continental Breakfast & Warm Up

10:45 AM

1st Draw, Group B

*Heart Smart Lunch
Silent Auction
Guest Speaker*

12:30 PM

2nd Draw, Group A

2:00 PM

2nd Draw, Group B

3:30 PM

Closing Ceremonies
Awards & Prizes

KW GRANITE CLUB



**Mail Registrations along
with payment to:**

Heart and Stroke Foundation

2-1373 Victoria Street North
Kitchener, ON N2B 3R6

Attn: Curling for Heart

T: 519-571-9600

F: 519-571-9832

E: mlacoursiere@hsf.on.ca

Heart & Stroke
FIT FOR
HEART
fitforheart.ca



**Sweep Away
Heart Disease & Stroke**

**10th Anniversary
Curling for Heart
Bonspiel
Friday, February 17, 2012**



**HEART &
STROKE
FOUNDATION**

Finding answers. For life.

PUT YOUR HEART INTO IT.™



Registration Details

Team	\$140 + Pledges
Early Bird December 15, 2011	\$120 + Pledges

Participants are required to raise a minimum of \$75 in pledges

Registration is limited to 24 teams

Registration fee includes:

- Continental Breakfast
- Participation in two 5-end games
- Heart Healthy Lunch

MAKING A DIFFERENCE IN WATERLOO REGION

Each day in Waterloo Region 10 people are hospitalized due to heart disease. Help us sweep away heart disease and stroke by raising pledges at the Curling for Heart Bonspiel.

Pledges raised for the Heart and Stroke Foundation fund world-class research, advocacy and health promotion.

Thousands of Waterloo Region residents show they care about the heart health of the community by making a donation. So far, these individuals have made a difference by funding:

- Four research projects at the University of Waterloo
- The placement of Automated External defibrillators in public spaces and schools
- SPARK Together for Healthy Kids – a campaign advocating against childhood obesity and for healthier children

Make a notable difference in Waterloo Region at the Curling for Heart Bonspiel.

THE GAME PLAN

1. Upon registration, a Registration Package will arrive in the mail containing event day instructions and pledge forms.
2. Start fundraising! Register for online fundraising at www.fitforheart.ca. It's easy, fast and secure. (Goes Live Nov. 25th)
3. Compete for your spot on the DREAM TEAM – top four fundraisers. Winners receive incredible prizes, not to mention bragging rights!
4. Bid on amazing silent auction prizes on event day, such as theatre tickets, spa and restaurant gift cards, and much more.
5. Vote for the “Team to be Seen” award – best team spirit.



Heart&Stroke
FIT FOR
HEART
fitforheart.ca

