

Junior Program 2011 - 2012

Welcome to the Junior Curling program! This is a quick reference for what you can expect for the season. If you have any questions, please contact Jenn Metzloff (jennmetzloff@gmail.com), Junior Convenor or Kirk Greenwood, President of the Little Rock / Junior Program.

WHEN: 11:00 AM – 1:00 PM SUNDAY

FORMAT (REGULAR)

The majority of Sundays will follow the following schedule:

1 hour **skills** with coaching (at beginning)

1 hour game (4 ends)

Please note, if you are **not on time** you may not be eligible to participate for the week.

SKILLS PORTION

Each curler will be placed on an ice throughout the season, based on current skill level and participate in skill development as set by their weekly coach. Coaches will be varied throughout the season. We expect to see progression of technical skills throughout the season. If you have specific goals for the season, please notify Jenn so she can place appropriately.

GAME PLAY

Each week, curlers will be assigned to teams by the Junior Convenor. These teams will change regularly. Please use these games as practice of strategy, teamwork and sportsmanship.

SPECIAL SESSIONS AND CLINICS

Additional special clinics and strategy sessions will be set up during the season for curlers who are interested in attending. These will be posted on the bulletin board with advance notice. Please make sure to take advantage of these sessions, as due to resource limitation, they will only be offered once. Some will be during the regular program; others will be outside of it. Stay tuned!!

ETIQUETTE

Attendance will be taken for those who actively participate each Sunday. Juniors are expected to email Jenn (convenor) if they will NOT be attending, so she can schedule appropriately for games, and ice times. We are striving to make this organized and the best experience for all of our curlers.

ADDITIONAL COMPETITIVE ICE TIME / RESOURCES

There will be additional ice time and training clinics throughout the season for those looking to compete or improve their skills on Mondays and Wednesdays from 3:15 – 4:30.

Martin Rombout will be available on Mondays for coaching (unless otherwise notified). There is available ice time on Wednesdays with no coaching. Curlers are expected to be respectful and appropriate during this ice time. ***There will be no behavioural warnings - any misbehaviour will remove you from this privilege to use the ice during this time for the rest of the season.***